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Donna Zaloom

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| Verona, NJ | (973) 632-0830

Donna Zaloom, owner of Longevity Pilates, is passionate about Pilates and loves sharing her passion with her students. She has been teaching Pilates for the past seven years and has worked with clients of all ages and fitness levels. Donna is certified by Powerhouse Pilates and the Kane School in NYC. Along with her Pilates certifications, Donna is also a certified Personal Trainer (NESTA) and a Certified Breast Cancer Exercise Specialist (Pink Ribbon Program, BCES). A strong believer in continuing education, Donna has studied with many of the most respected names in the Pilates world including Kelly Kane, Moira Stott, Alan Herdman, and Mari Winsor.



The Top Trainer features more than 1,300 of Nation's Best Fitness Professionals' best local trainers. Eligible trainers are nominated by our readers and Winners are determined by popular vote meaning that YOU choose the Best