

Longevity Pilates has Begun their Annual Holiday Food Drive.

Verona, NJ. – Longevity Pilates, located at 16 Grove Avenue in Verona is accepting donations of food now through December 20th. Any non-perishable, non-expired food items will be gratefully accepted. The food will be donated to local food banks servicing needy families in Essex County.

This is the 4th year that Longevity Pilates has held their holiday food drive. Last year the studio delivered over 30 bags of food for donation to food banks.

Longevity Pilates, recently voted Best Pilates Studio 2011 by the readers of “Suburban Essex Magazine”, has a strong commitment to helping others and has been an official Shape Magazine “Pilates For Pink” studio for the past 6 years.

For more information call the studio @ 973-632-0830 or email info@longevitypilates.com.